

Pick Veggies!

A great addition
to any meal.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Veggies!

A great addition
to any meal.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Vary Your Veggies!

They are full of vitamins
and minerals.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Choose Vegetables!

A healthy snack to help
you get up & go.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Peppers!

A delicious vegetable
packed with Vitamin C.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Veggies!

A fresh salad is a great addition to any meal.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Choose Your Greens!

For a delicious, easy
& healthy salad.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Veggies!

A fresh salad is a great addition to any meal.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Fruit!

A great source of
Vitamin C & antioxidants.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Pick Fruit!

A great source of
Vitamin C & antioxidants.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Craving Something Sweet?

Eat some fruit for a quick
and tasty snack.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.

Choose Fruit!

A colorful, sweet and refreshing snack.



Visit CalFreshHealthyLiving.org for healthy tips.
Funded by USDA SNAP, an equal opportunity provider and employer.